

## Inter-laboratory harmonization of respiratory protocols in permeabilized human muscle fibers

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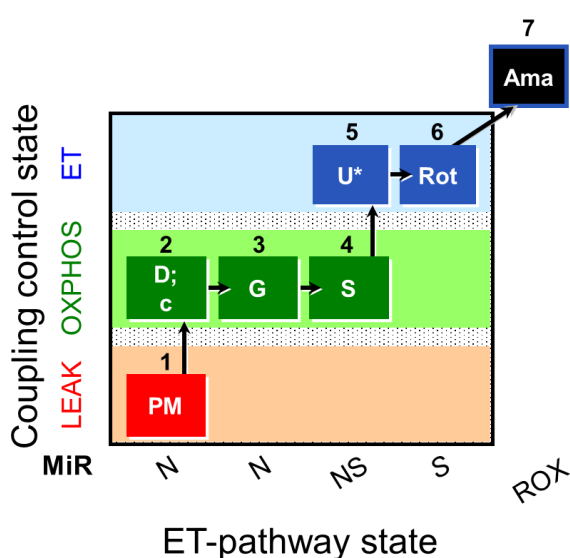
### Introduction

Permeabilized muscle fibers are extensively used for analysis of mitochondrial function in exercise and pathophysiological studies. Inter- and intra-laboratory comparisons of published results on permeabilized muscle fibers are difficult due to application of different experimental procedures, including sample preparation, substrate-uncoupler-inhibitor titrations (SUIT), respiratory media, and oxygen regimes. Oxygen dependence of mitochondrial respiration in permeabilized fibers (about 100-fold higher  $p_{50}$  compared to small living cells and isolated mitochondria [1]) reveals the requirement of using hyperoxic incubation conditions to avoid oxygen limitation of respiratory capacity [2]. However, controversial results on the oxygen dependence of permeabilized muscle fibers have been reported by different research groups using different respiration media in the presence or absence of the myosin II-specific inhibitor blebbistatin [3,4].

In the framework of COST Action MitoEAGLE, our main goals for the current study of permeabilized human muscle fibers are: (1) a comparison of protocols used in different research laboratories, (2) harmonization of results to address the reproducibility crisis [5], (3) evaluation of optimum experimental conditions, and (4) analysis of the causes of experimental variability.

## Material and methods

We performed a blinded test with human permeabilized skeletal fibers. Six groups from Austria, Denmark, Germany, Spain, and USA measured simultaneously in the same laboratory mitochondrial respiration using high-resolution respirometry (O2k; Oroboros Instruments, Austria) in three human biopsies (*vastus lateralis*) from the same healthy volunteer sampled on three consecutive days. A total of 96 (32/day) permeabilized fiber preparations were assayed. The wet mass of permeabilized fibers ranged from 0.38 to 2.83 mg per chamber. Protocols were compared at several levels: (1) permeabilized fiber preparation; (2) respiration media MiR05-Kit and Buffer Z in the presence/absence of blebbistatin (25  $\mu$ M), covering the most frequently used experimental conditions in the literature; (3) 'normoxia' (200-100  $\mu$ M) versus hyperoxia (450-250  $\mu$ M). The SUIT-008 protocol [6] was applied in all assays. Results were excluded from analysis if the cytochrome *c* flux control factor,  $FCF_c = (I_{O_2,cPM} - I_{O_2,PM})/I_{O_2,cPM}$ , exceeded 0.1 in the OXPHOS-state (Fig. 1; steps 2D and 2c). For abbreviations see Figure 1 and Gnaiger *et al* 2019 [7].

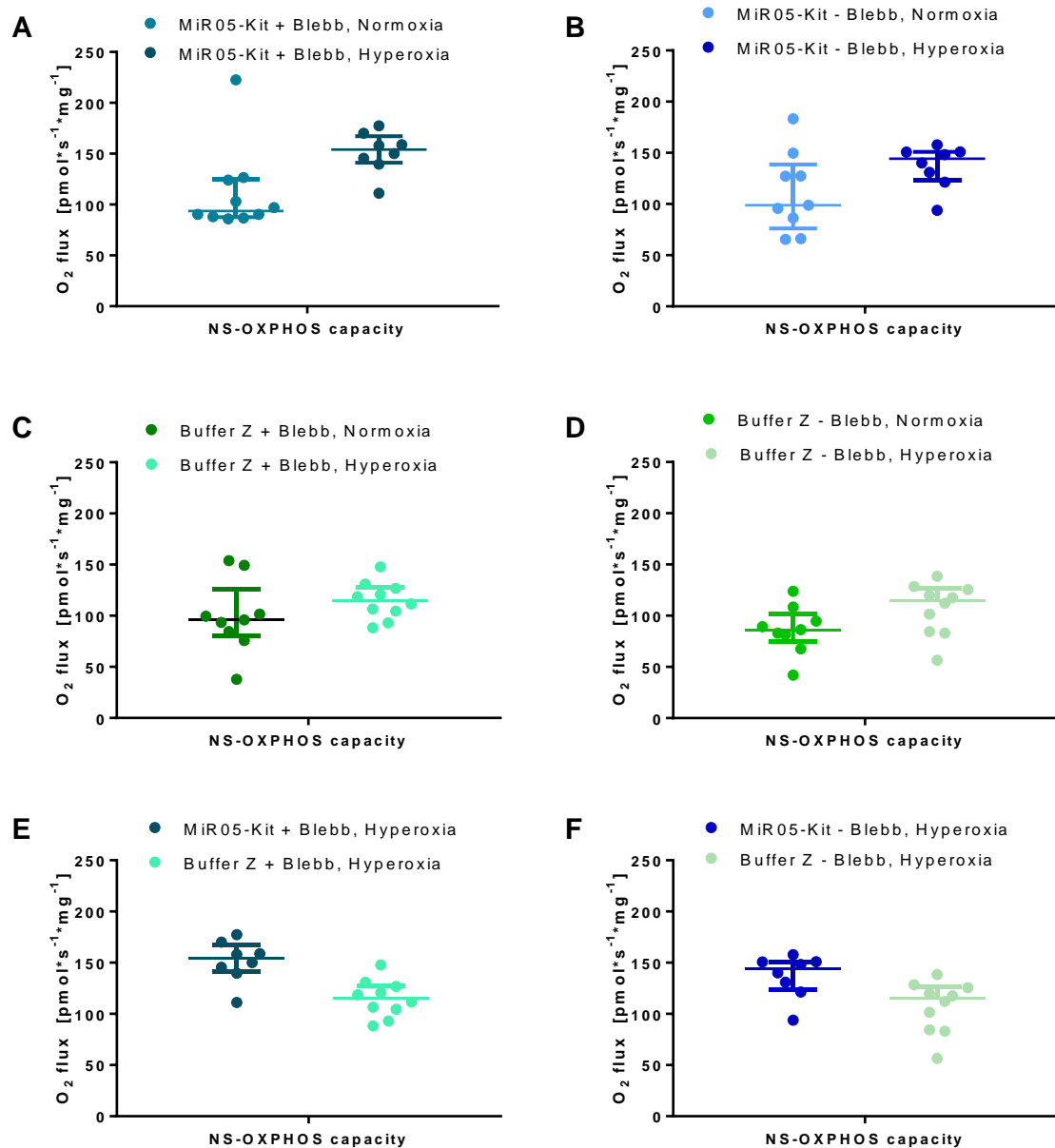


**Figure 1. Substrate-uncoupler-inhibitor titration protocol (SUIT-008 O2 pfi D014).** Sequential titrations and respiratory states. **1PM:** NADH-pathway (N-pathway) in the presence of 5 mM pyruvate and 2 mM malate in the N-LEAK state. **2D:** saturating ADP (N-OXPHOS state). **2c:** 10  $\mu$ M cytochrome *c* for evaluating the integrity of the outer mitochondrial membrane. **3G:** 10 mM glutamate as an additional NADH-linked substrate (N-OXPHOS state). **4S:** 10 mM succinate (NS-OXPHOS capacity). **5U:** uncoupler titrations to evaluate the electron transfer- (ET-) capacity (NS-ET capacity). **6Rot:** inhibition of CI by rotenone (S-ET capacity). **7Ama:** inhibition of CIII by antimycin A (residual oxygen consumption, *Rox*).

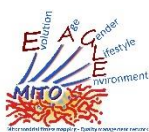
antimycin A (residual oxygen consumption, *Rox*).

## Results and conclusions

NS-OXPHOS capacity was oxygen-limited under 'normoxic' compared to hyperoxic conditions in both media (Figure 2A-D). Blebbistatin did not prevent the decrease of respiration in the 'normoxic' regime (Figure 2A and 2C), and exerted minor effects on oxygen flux in both media (Figure 2E-F). These results indicate that oxygen dependence is critical and independent of experimental buffers and blebbistatin (Figure 2A-D). Comparing respiratory capacity in both media under hyperoxic conditions, oxygen flux per mass was higher in MiR05-Kit than in Buffer Z (Figure 2E-F). Evaluation of these trends will be completed based on an in-depth statistical analysis. Our inter-laboratory study provides a basis to harmonize published results on permeabilized human skeletal muscle fibers and establishes guidelines for selecting optimum experimental conditions.



**Figure 2. The effect of oxygen concentration and blebbistatin on mitochondrial respiration of permeabilized human skeletal muscle fibers in MiR05-Kit (A, B) and Buffer Z (C, D).** Mass-specific NS-OXPHOS capacity (based on wet mass) supported by pyruvate, malate, glutamate and succinate. **(E, F)** Comparison of the two media at hyperoxia in the presence and absence of blebbistatin. A biopsy was taken on three consecutive days from the same person. Scatter plots and median with interquartile range show results from individual chambers ( $n = 8$  to  $10$ ) with muscle fibers obtained from the three biopsies.



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